



Suggested Packing List:

DRESS APPROPRIATELY FOR THE WEATHER: Activities will be both indoors and outdoors rain or shine. Check the weather report before you pack; pack for all possible conditions. In case of rainy weather, most activities will be moved indoors, but travelling between buildings at camp will require short periods outdoors.

DRESS IS CASUAL: Jeans, T-shirts, shorts, etc. The emphasis is on comfort. Some of our outdoor activities will include a low-ropes course, sports (optional), and physical activity; we suggest packing clothes that you feel comfortable in for physical activity and that you don't mind getting dirty/muddy. Dress in layers so you can add or remove layers based on the changes in weather and temperature throughout the day. Closed toed shoes are a must, please wear sturdy and comfortable sneakers.

SLEEPING ACCOMMODATIONS: The cabin beds have mattresses, but NO pillows, linens, or towels. Students and educators/advisors should bring their own pillows, sheets, towels, and blankets or sleeping bags. Each cabin does have heat, an electrical outlet, light, and bathroom with shower stalls.

A NOTE ON CELL PHONES: The goal of the retreat is to connect with others, be present in the moment, and build community. All participants, students and educators, should plan to keep their cell phones put away during the retreat. While we understand there are emergencies and family needs, please model this behavior for students throughout the retreat and remind them to keep their phones away and off during the retreat. Note: The cell service is not the greatest out at camp.

WHAT NOT TO PACK:

- Snacks, candy, and food items are strictly prohibited in the cabins. We want to ensure we don't attract any unwelcome critters or insects. This is a strict rule put in place by Camp Wise, please respect this and don't make the counselors confiscate snacks. If you need a specific food item for a medical condition, please specify this on your medical forms and give this to a staff member to store in a sealed container to be administered upon request.
- Gaming devices, technology, laptops. Expensive jewelry. Money.
- The Diversity Center and Camp Wise are not responsible for lost, stolen, or damaged items.

WHAT TO PACK:

- Jeans/long pants
- Shorts
- T-shirts, long-sleeve shirts
- Underwear, socks (pack extra pairs of socks in case they get wet due to the weather)
- Light jacket/sweatshirt (we'll have some evening outside activities)
- Pajamas
- Sturdy and comfortable sneakers
- Shower shoes/flip flops (optional)
- Rain gear (ponchos, rain jacket with hood) – **We're outside rain or shine!**
- Twin sheets and blanket OR sleeping bag, pillows
- Toiletries: toothbrush, toothpaste, hairbrush, soap, shampoo, deodorant, etc.
- Towel and wash cloth (for shower)
- A trash bag or grocery bag for dirty clothes/towel in suitcase when repacking to leave
- Flashlight with fresh batteries
- Reusable water bottle
- Sunscreen, insect repellent – We will have these provided daily for all participants, but pack if you have your own favorite brands.
- Any medications

LABEL EVERYTHING WITH YOUR NAME: Label everything with your name using a piece of tape and a sharpie just in case you misplace something; this makes it a lot easier to figure out whose flashlight or water bottle is sitting on the picnic table when there's 100 people at camp! Each cabin will also have a roll of masking tape and a sharpie in case there's anything you want to label when you are unpacking.

TALENT SHOW: There will be a Talent Show on Friday night where participants can sign up to perform a talent, do a fun skit with their cabin/core/student groups, or perform their activism project. If there's anything you might want to bring for this, plan accordingly (e.g. Pack your guitar if you want to sing a song and play, etc.). Students will also showcase their visual art from their activism projects in a gallery for participants to view and get to talk with the artists!

GLOW PARTY! There will be a dance Friday night with the theme: "Glow Party!" Think glow in the dark, bright colors, appropriate attire, etc. Themed outfits optional, it's all about having fun and feeling comfortable!